

If your child is sick

What do you do if your child is sick? Is it something harmless or is something serious behind it? If you are unsure of how sick your child really is or you suspect your child may have a contagious disease, then it is best to take your sick child to the paediatrician during normal surgery hours!

When children are sick they usually get a fever, a cough or a stomachache. Often the whole thing is over within days and is not always caused by a serious disease – but it might be. In this case, a paediatrician is best placed to diagnose this. No matter how good the information on any website might be, it can never replace the examination and advice from a competent paediatrician. And in case of any doubt go to your paediatrician – better safe than sorry.

In case of harmless infections you can also ease your child's symptoms with tried and tested home remedies in addition to medical care.

Here is how to proceed in acute cases:

- You go to your paediatrician during surgery hours.
- If you cannot reach your paediatrician, please contact another paediatrician in your area. You can find a list of all paediatricians in each district on the internet at: **www.kvberlin.de > Arztsuche** [German only]. Or call **31 00 31** anytime for information on which paediatrician's surgery is open.
- If your child becomes seriously ill outside normal surgery hours or at the weekend, or if his/her condition deteriorates so much that you cannot wait until Monday to see your doctor, there are some paediatricians' surgeries that are open at weekends. To obtain these addresses and more information on paediatric emergency departments in hospitals, please call **31 00 31**.
- In addition the Kassenärztliche Vereinigung (KV) Berlin provides a paediatric emergency service in a number of districts:
 - Erste-Hilfe-Stelle of the KV Berlin in **Lichtenberg** at the Kinderkrankenhaus Lindenhof, Gotlindestraße 2-20, 10365 Berlin, open
Wednesday 15 - 22 hrs, Saturdays/Sundays/Public Holiday 8 - 22 hrs
 - Erste-Hilfe-Stelle at an affiliated hospital:
 - a) Charlottenburg:** DRK-Kliniken Westend, kinderärztliche Erste-Hilfe-Stelle, Spandauer Damm 130 (entrance via Fürstenbrunner Weg), 14050 Berlin, open
Wednesdays/Fridays 15 - 22 hrs, Saturdays/Sundays/Public Holidays 9 - 22 hrs
 - b) Tempelhof:** St. Joseph-Krankenhaus Tempelhof, Erste-Hilfe-Stelle, entrance via Gontermannstraße 41, 12101 Berlin, open
Wednesdays/Fridays 15 - 22 hrs, Saturdays/Sundays/Public Holidays 11 - 22 hrs
 - c) Wedding:** DRK-Kliniken Mark Brandenburg, Wedding, Rettungsstelle Drontheimer Str. 39/40, 13359 Berlin, open
Wednesdays/Fridays 15 - 22 hrs, Saturdays/Sundays/Public Holidays 11 - 22 hrs